



**Be a
team**

**SO THE WHOLE
FAMILY WINS**

Semaine Québécoise
DE LA Paternité

APPENDIX 2

Appendix 2 HIGHLIGHTS OF THE SURVEY OF PARTNER ORGANIZATIONS

A sense of being well equipped to support coparenting, identified support needs and training preferences

1 An overall strong sense of being well equipped to support coparenting

- 89% of respondents feel well or very well equipped

2 But they have targeted and diversified training needs

- Coparenting concepts and practices (56%)
- Communities of practice and knowledge (53.5%)
- Adapted to specific contexts (46%)

3 AND there's a very strong demand for concrete intervention tools

- For use with parents (79%)
- To raise awareness among parents (79%)
- To strengthen the co-parenting

5 categories of need identified

1. Separation – conflict
2. Domestic violence
3. Immigration
and interculturality
4. Mental health
5. Family diversity and
children's specific needs

Difficulties observed among parents and main obstacles to implementing an approach that fully supports coparenting

4 Complex, multidimensional difficulties
in the development of coparenting

- Relational challenges and coparenting dynamics
- Work-life balance and organizational constraints
- Separation and blending families
- Immigration
- Culture and stereotypes
- Domestic violence
- Children with special needs
- Perinatal period
- Mental health
- Community/institutional services
- Public policies

5 Challenges in fully integrating
coparenting into practices

- Organizational constraints and limited resources
- Coparenting training and intervention culture
- Cultural and linguistic barriers
- Involving coparents in services
- Complex family situations (domestic violence, mental health, separation and work-life balance)
- No obstacles identified (minority)

If your organization had an additional budget to carry out a coparenting project, what would you like this project to focus on?

6 Concrete, targeted projects to support coparenting

FATHERS

- Support groups and chat rooms
- Specific groups (e.g., single fathers)

MOTHERS AND FATHERS

- Workshops, focus groups
- Activities focusing on various aspects of coparenting
- Targeted groups (parent coaching)
- Targeted themes

PRACTITIONERS AND PRACTICE ENVIRONMENT

- Training and awareness activities: best practices in coparenting – couple vs. child dynamics
- Communities of practice and knowledge
- Children's specific realities: autism, disability

PARTNERS

- Raising awareness in the workplace and among employers
- Raising awareness among the organization's partners

SOCIETAL CAMPAIGN

- Raising awareness and promoting the engagement of both parents

What public policy measures should be implemented as a priority to better support coparenting in Quebec families?

7 To sustainably support coparenting in Quebec



WHAT WE LEARNED FROM THE SURVEY

1. Communities are engaged and feel well equipped

The majority of respondents feel well equipped to support coparenting, demonstrating a solid foundation on which to build.

2. There is still a great need for training and tools

Communities are asking for more training, communities of practice and concrete tools to intervene in complex family situations.

3. Coparenting is influenced by multiple, systemic factors

The challenges faced by parents and organizations go beyond the parental relationship and involve social, organizational, cultural and legal issues.

4. Clear drivers of action have been identified

Community funding, improved family policies, accessibility of services and social awareness are our top priorities.

PROCESS OVERVIEW



Number of respondents = 112

RVP carried out a consultation process with people and partner organizations involved with coparenting.

A short survey was conducted to gather data on

- Parents' experience
- Existing organizational practices
- Measures considered relevant to supporting coparenting
- Public policies that can promote their development

It included closed (6) and open (5) questions

The results were used to develop concrete proposals made public during the Semaine Québécoise de la Paternité in June 2026

Strong community involvement

- Mostly family community organizations (42%)
- Community organizations (14%)
- Perinatal (12.5%)
- RSSS (CIUSSS, CISSS, CLSC, YPS) (11.5%)

Respondents mainly in decision-making and intervention positions

- Managers, directors, coordinators (42%)
- Practitioners (38%)

NB: Several unrepresented sectors (education network, municipalities, educational childcare services, First Nations organizations, consensus-building organizations and social pediatrics centres)